



Basic Taekwondo Terminology.

1.Attention

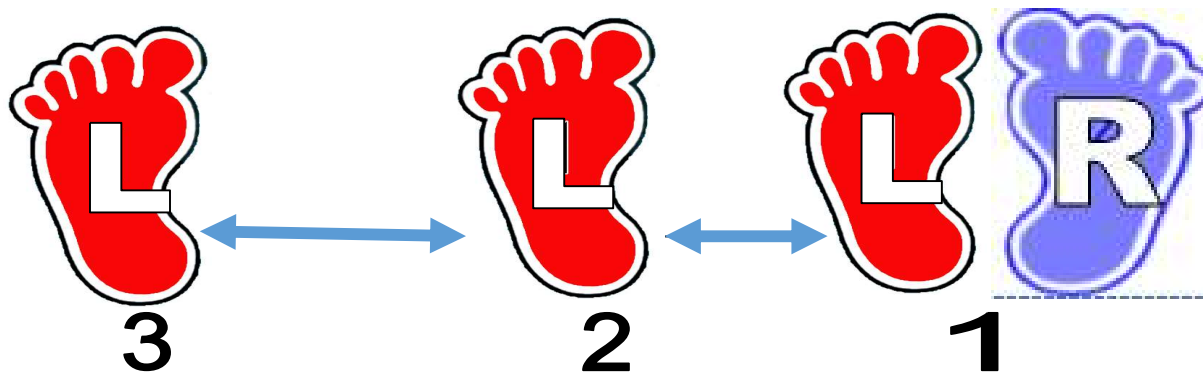
/ Cha ryut / , / Na Ra Ni Ser ki /

2.Ready Stance

/Joon bi Ser ki/

3.Horse Back Riding Stance

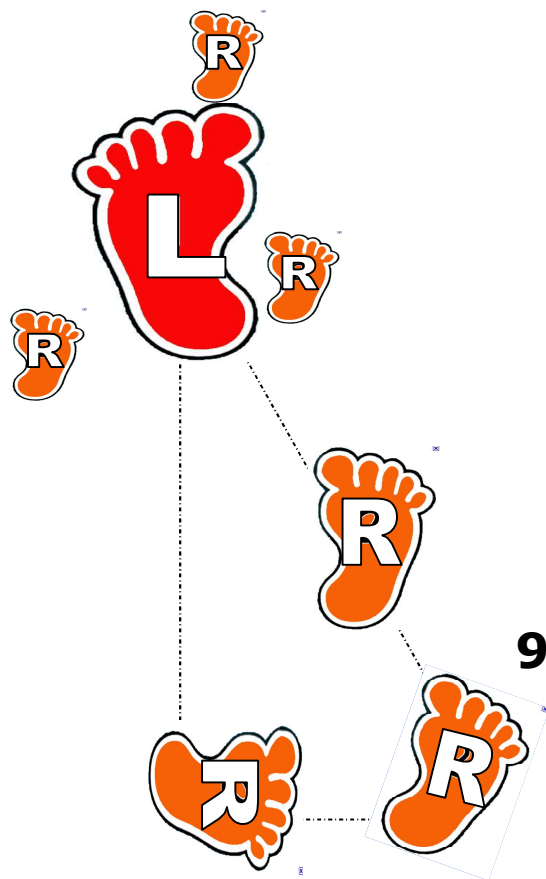
/Joo Chum Ser ki/



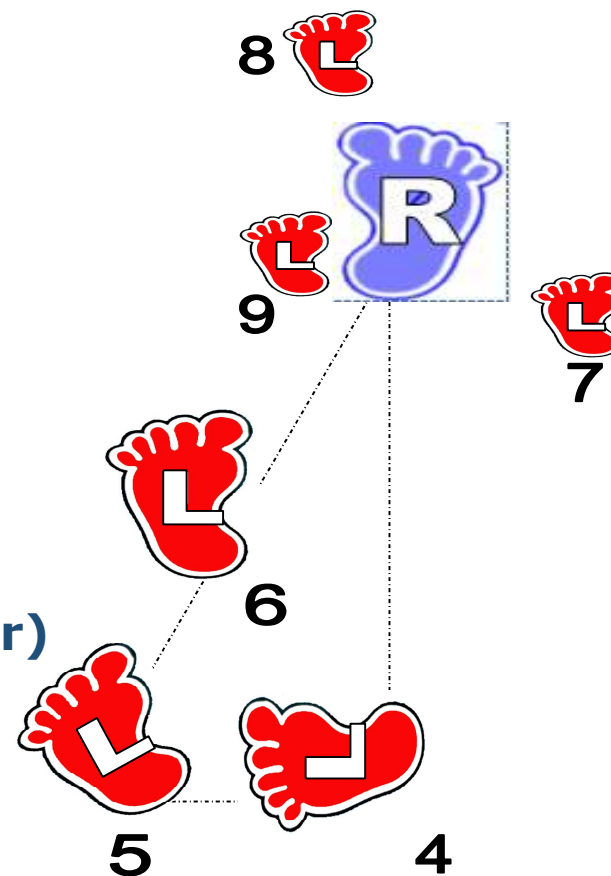
***Red color is Korean pronunciation**



Basic Taekwondo Terminology.



- 4. Back stance
/Dwe koo bi/
- 5. Long Stance
/Ap koo bi/
- 6. Walking Stance
/Ap Ser ki/
- 7. Twist stance
/Kwa Ser ki/
- 8. Tiger Stance
/Berm Ser ki/
- 9. Crane Stance (In the air)
/Hak da ri Ser ki/



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Basic Taekwondo Terminology.

1.Block
/Mak ki/

2.Kick
/Cha ki/

3.'Twist' Hand attack
/Gee ru ki/

4.'Poke' or 'Stab' Hand attack
/ZZi ru ki/

5.'Hit' or 'Strike' Hand attack
/Chi ki/

6.Fist
/Joo Muk/

7.Knuckle Fist
/Pyun Joo Muk/

8.Spear Finger attack
/Son Kut Zzi ru ki/

9.Knife hand Neck strike
/Son Nal Mok Chi ki/

10.Back Fist
/Dung Joo muk Chi ki/

11.Palm
/Ba Tang Son/

12.Tiger Mouth
/A ki Son/

13.Upper Cut
/Up Poon Joo Muk/

14.Hammer Fist
/Mae Joo Muk/

15.Target
/Pyo Jok/

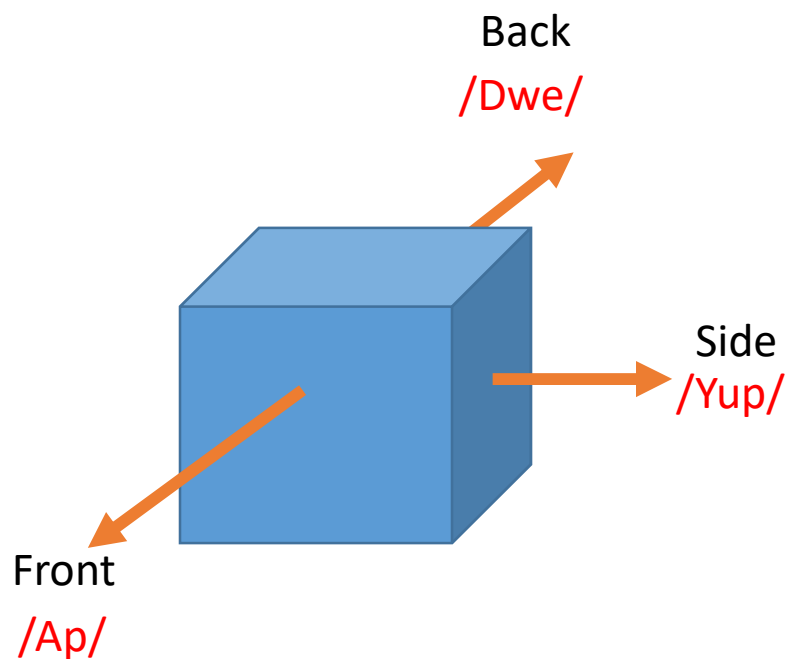
16.Elbow
/Pla Gup/

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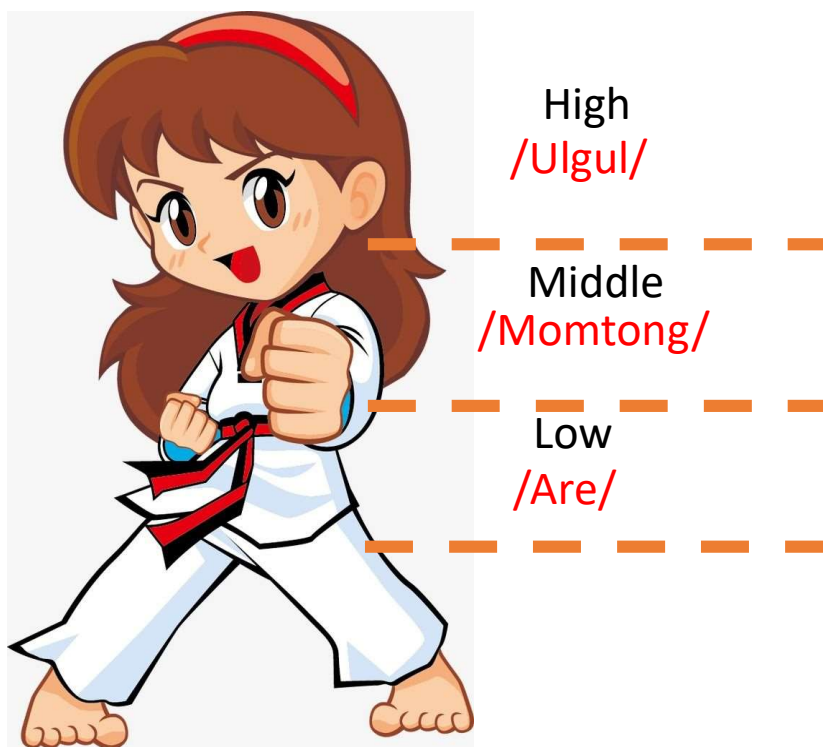


Understanding of Directions and Sections.

Directions



Sections



*Red color is Korean pronunciation

Please email to Master Chung.
lionstkdmaster@gmail.com

Name :

Belt Rank :

Please answer in **Korean pronunciation** (**Color Belt #1-#10, Black Belt #1-#20**)

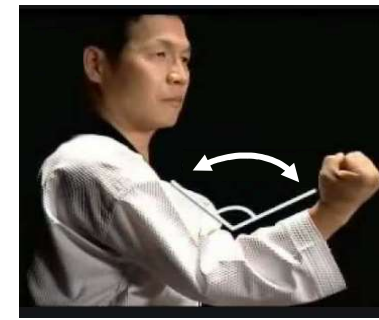
1. Low Block
2. Spear Finger Attack
3. High Block
4. All 9 Basic Stance
5. Front Kick
6. Side Kick
7. Side Punch

8.



9. How many different kicks in TaeGeuk Sa Jang?
10. What is last motion of TaeGeuk Oh Jang?

11. What is name of Koryo form Ready stance?
12. Last motion of Koryo form
13. 14. ____ ○ ~ ____ ○ ?



15. How many kicks in Koryo?
16. How many Blocks in Koryo?
17. How many different Stances in TaeGeuk Pal Jang ?
18. 19. 3 Turning kicks in English and Korean
20. Meaning of All the color belt Forms

